

## 7th Annual Great Guernsey Trail 5 & 10K Race and Fun Run

**August 20, 2016 9:00 AM Lore City, OH Trailhead**

**Address: 204 Main Street Lore City, OH**

**Proceeds benefit the Great Guernsey Trail**

**Description:** The 5 & 10 K Race and Fun Run are out and back events held entirely on the Great Guernsey Trail. The route starts in Lore City and follows the trail to each turn around and then returns to Lore City. This is a scenic traffic, free route that follows the Leatherwood Creek. There will be refreshments at the turnarounds.

**Early Registration:** Send email to [rgombeda@guernseycountycdc.com](mailto:rgombeda@guernseycountycdc.com) to request a race registration. Register by mail or online (by August 5 and receive a free commemorative T Shirt featuring a trail map).

**Regular Registration:** Register at event prior to 8:00 AM.

**5 & 10K Race Awards: Medals will be awarded to the top 3 male and female runners in each age group and trophies to the overall winners. (No Duplicates)**

**5 & 10K Race Age Groups: Overall; 1-9; 10-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+**

**Door Prize Drawing:** All entrants will be entered in a random drawing for door prizes.

**Start Time:** 9:00AM August 20, 2016

**Start Place:** City Park (Leatherwood Park)/ Trailhead in Lore City, Ohio

**Cost:** 5K Race \$20.00, 10K Race \$25.00, Family Fun Run/ Walk \$15.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

5K\_\_ 10K\_\_ Fun Run \_\_ Phone: \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

High School: \_\_\_\_\_ H.S. Alumni \_\_ Student\_\_ Friend \_\_\_\_ (check one)

T Shirt Size: Small \_\_ Medium \_\_ Large \_\_ X Large\_\_ XXL \_\_

**Friends of the Great Guernsey Trail:** This all volunteer group is responsible for maintaining the trail through regular litter and tree removal. Funds raised from this event will be used to make trail improvements such as historical markers, bird houses, fencing and benches. New members welcomed.

Waiver: In consideration for the acceptance of this entry, I waive for myself and my beneficiaries, all rights and claims for damages which I might have against the Great Guernsey Family Fun Run, the Guernsey County Park District, the Community Development Corporation, The Friends of the Great Guernsey Trail, other sponsoring organizations, businesses, or individuals as a result of any and all injuries or illnesses I suffer in that event. I attest and verify that I have full knowledge of the risk involved in this event. I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it, and my signature confirms its full acceptance. (Must be signed by a guardian if under the age of 18).

Signature: \_\_\_\_\_

Parent Guardian signature, if under 18: \_\_\_\_\_

**Send entry to:** Friends of GGT c/o Ron Gombeda PO Box 1175 Cambridge, Ohio 43725

**Make checks payable to:** Community Development Corporation